

Saints Ice Broken Open - 4/1/2023
St. Lawrence University
Merrick-Pinkard Track and Field Complex
Results

Women 100 Meter Dash

M-P Facility: 11.56 F 4/19/2002 Ashley Purnell

Name	Yr	School	Prelims
Preliminaries			
1 Hayley Castagnier	JR	St. Lawrence	12.93Q4.9
2 Madison Wagner	FR	Potsdam	13.04Q7.0
3 Moenae Washington	SO	Mohawk Valley C	13.33q 7.0
4 Cora Knight	FR	St. Lawrence	13.40q 7.0
5 Hailey von Ahn	SO	Potsdam	13.41q 4.9
6 Olivia Middleton	JR	St. Lawrence	13.69q 7.0
7 Laken Mooney	JR	St. Lawrence	13.85q 7.0
8 Mackenzie Marcus	SO	St. Lawrence	14.09q 4.9
9 Margaret McNally	FR	St. Lawrence	14.09q 7.0
10 Toni Brown	FR	Mohawk Valley C	14.12 4.9
11 Olga Akhremenko	FR	Mohawk Valley C	14.22 4.9
12 Alisea Scott	FR	Herkimer Ccc	14.70 7.0
13 Caroline Hines	FR	St. Lawrence	14.72 7.0
14 Halla Chappell	FR	St. Lawrence	16.43 4.9

Women 100 Meter Dash

M-P Facility: 11.56 F 4/19/2002 Ashley Purnell

Name	Yr	School	Finals
Finals			
1 Hayley Castagnier	JR	St. Lawrence	13.02 10
2 Madison Wagner	FR	Potsdam	13.11 8
3 Hailey von Ahn	SO	Potsdam	13.14 6
4 Cora Knight	FR	St. Lawrence	13.46 5
5 Moenae Washington	SO	Mohawk Valley C	13.48 4
6 Laken Mooney	JR	St. Lawrence	13.91 3
7 Olivia Middleton	JR	St. Lawrence	14.08 2
8 Margaret McNally	FR	St. Lawrence	14.19 1
9 Mackenzie Marcus	SO	St. Lawrence	14.21 4.2

Women 200 Meter Dash

M-P Facility: 23.73 F 4/19/2002 Ashley Purnell

Name	Yr	School	Finals
Finals			
1 Janyll Barber	SR	Plattsburgh	25.19 10
2 Hailey von Ahn	SO	Potsdam	27.26 8
3 Moenae Washington	SO	Mohawk Valley C	27.63 6
4 Jynnae Stevens	SO	Herkimer Ccc	27.78 5
5 Morgan Thompson	SO	Plattsburgh	28.14 4
6 Alexa Smith	JR	St. Lawrence	28.23 3
7 Hayley Castagnier	JR	St. Lawrence	28.28 2
8 Caelan McHarney	FR	St. Lawrence	28.74 1
9 Cora Knight	FR	St. Lawrence	29.79 5.4
10 Toni Brown	FR	Mohawk Valley C	29.85 5.1
11 Olga Akhremenko	FR	Mohawk Valley C	30.00 5.1
12 Lydia Wamsganz	FR	St. Lawrence	30.32 5.1
13 Margaret McNally	FR	St. Lawrence	30.36 5.1
14 Kiran Black	FR	St. Lawrence	30.76 5.1

Women 400 Meter Dash

M-P Facility: 53.89 F 5/23/2015 Heather Ingraham

Name	Yr	School	Finals
Finals			
1 Alexa Smith	JR	St. Lawrence	1:05.69 10
2 Kristina Koes	JR	St. Lawrence	1:06.28 8
3 Caelan McHarney	FR	St. Lawrence	1:07.12 6
4 Aislyn McDonough	SR	Plattsburgh	1:08.03 5
5 Lydia Wamsganz	FR	St. Lawrence	1:10.03 4

Women 800 Meter Run

M-P Facility: 2:07.39 F 5/24/2003 Liz Woodworth

Name	Yr	School	Finals
Finals			
1 Emily Yousey	SO	Potsdam	2:38.11 10
2 Lydia Reimer	FR	Herkimer Ccc	2:53.88 8
3 Katherine Berge	JR	Plattsburgh	2:58.65 6
4 Natalie Hartmann	SO	Potsdam	3:01.46 5
5 Aislinn Hertle	FR	Potsdam	3:20.77 4
6 Gita Goldberg	SU	RC	3:33.31
7 Lacey Merideth	FR	Mohawk Valley C	3:35.19 3

Women 1500 Meter Run

M-P Facility: 4:20.86 F 5/24/2003 Missy Buttry

Name	Yr	School	Finals
Finals			
---		Gita Goldberg	SU RC 7:11.49
1 Aislyn McDonough	SR	Plattsburgh	5:05.03 10
2 Taylor Harvey	FR	Mohawk Valley C	5:07.94 8
3 Amelia Bowman-Mccoy	FR	Herkimer Ccc	5:13.92 6
4 Bridget Hastings	SO	St. Lawrence	5:16.22 5
5 Sarah Smith	SO	Plattsburgh	5:18.69 4
6 Virginia Lucchetti	FR	Plattsburgh	5:22.96 3
7 Cameran Stone	FR	St. Lawrence	5:28.38 2
8 Nora Graves	SO	St. Lawrence	5:28.52 1
9 Marissa Colvin	FR	Plattsburgh	5:31.46
10 Eliza O'Donnell	JR	St. Lawrence	5:43.93
11 Emily Ware	SR	Potsdam	5:55.62
12 Madison Altamura	FR	Herkimer Ccc	6:23.52
13 Lacey Merideth	FR	Mohawk Valley C	7:46.05

Women 5000 Meter Run

M-P Facility: 15:51.23 F 5/24/2003 Missy Buttry

Name	Yr	School	Finals
Finals			
1 Emma Palumbo	SO	St. Lawrence	17:59.01 10
2 Haylei Coolican	JR	St. Lawrence	18:06.38 8
3 Olivia Watson	JR	St. Lawrence	18:13.62 6
4 Katherine Sheehy	JR	St. Lawrence	18:51.85 5
5 Amelia Bowman-Mccoy	FR	Herkimer Ccc	20:15.62 4
6 Adeline Moore	SO	St. Lawrence	21:21.31 3
7 Virginia Lucchetti	FR	Plattsburgh	22:01.02 2
8 Grace Boyle	FR	Plattsburgh	23:24.10 1

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Women 100 Meter Hurdles

M-P Facility: 13.66 F 5/22/2015 Adrianna Wright

Name	Yr	School	Finals
Finals			
1 Janyll Barber	SR	Plattsburgh	15.58 10
2 Kiran Black	FR	St. Lawrence	17.55 8
3 Marissa LeDuc	FR	Plattsburgh	17.64 6
4 Hayley Castagnier	JR	St. Lawrence	18.17 5
5 Amelia Berthold	FR	St. Lawrence	18.26 4
6 Mikayla Khadijah	FR	Plattsburgh	18.40 3
7 Katherine Berge	JR	Plattsburgh	19.19 2
8 Madison Altamura	FR	Herkimer Ccc	20.09 1

Women 400 Meter Hurdles

M-P Facility: 59.22 F 5/24/2003 Tierra Hicks

Name	Yr	School	Finals
Finals			
1 Breanne Millson	FR	Herkimer Ccc	1:13.67 10
2 Kaylee Bertini	FR	St. Lawrence	1:14.01 8
3 Amelia Berthold	FR	St. Lawrence	1:18.27 6
4 Amy Francesconi	SO	St. Lawrence	1:22.83 5
5 Yasmin Wilson	SO	Mohawk Valley C	1:34.34 4

Women 4x100 Meter Relay

M-P Facility: 45.90 F 5/23/2015 UW Eau Claire

K Woracheck, J Feineck, L Laufenberg, C Fehler

Team	Relay	Finals
Finals		
1 St. Lawrence	A	54.15 10
1) Hayley Castagnier JR	2) Cora Knight FR	
3) Kaylee Bertini FR	4) Olivia Middleton JR	
2 Plattsburgh	A	54.89 8
1) Morgan Thompson SO	2) Deanna Zoch JR	
3) Mikayla Khadijah FR	4) Michaela Schaffer JR	
3 St. Lawrence	B	56.68
1) Mackenzie Marcus SO	2) Kiran Black FR	
3) Caroline Hines FR	4) Margaret McNally FR	
4 Herkimer County CC	A	57.24 6
1) Breanne Millson FR	2) Isabella Smith SO	
3) Alisea Scott FR	4) Jynnae Stevens SO	
5 Mohawk Valley CC	A	58.25 5
1) Moenae Washington SO	2) Toni Brown FR	
3) Olga Akhremenko FR	4) Yasmin Wilson SO	

Women 4x400 Meter Relay

M-P Facility: 3:43.32 F 5/24/2003 Wheaton (MA)

T Donoghue, V Smith, J Bromell, A James

Team	Relay	Finals
Finals		
1 St. Lawrence	A	4:30.97 10
1) Alexa Smith JR	2) Kristina Koes JR	
3) Kaylee Bertini FR	4) Cameran Stone FR	

2 Potsdam	A	4:35.95 8
1) Hailey von Ahn SO	2) Madison Wagner FR	
3) Emily Ware SR	4) Emily Yousey SO	
3 Herkimer County CC	A	4:49.51 6
1) Lydia Reimer FR	2) Alisea Scott FR	
3) Breanne Millson FR	4) Jynnae Stevens SO	
4 St. Lawrence	B	4:50.48
1) Bridget Hastings SO	2) Nora Graves SO	
3) Amy Francesconi SO	4) Amelia Berthold FR	

Women High Jump Follows MHJ

M-P Facility: 1.75m F 5/23/2015 Jenna Breaker

Name	Yr	School	Finals
Finals			
1 Rebecca Christie	FR	Plattsburgh	1.48m 10
2 Kaylee Bertini	FR	St. Lawrence	1.43m 8
3 Elizabeth Daly	FR	Plattsburgh	1.38m 6
4 Mikayla Khadijah	FR	Plattsburgh	1.33m 5
--- Kailyn Ginter	FR	Plattsburgh	NH
--- Amelia Berthold	FR	St. Lawrence	NH
--- Mikayla Osmer	JR	Plattsburgh	NH
--- Katherine Berge	JR	Plattsburgh	NH

Women Pole Vault

M-P Facility: 4.15m F 5/21/2015 Cimran Virdi

Name	Yr	School	Finals
Finals			
1 Halla Chappell	FR	St. Lawrence	2.15m 10
--- Emily Stritzl	FR	Plattsburgh	NH

Women Long Jump

M-P Facility: 6.09m F 5/22/2003 Darcell Edwards

Name	Yr	School	Finals
Finals			
1 Olivia Middleton	JR	St. Lawrence	5.30m 10
2 Marissa LeDuc	FR	Plattsburgh	4.99m 8
3 Michaela Schaffer	JR	Plattsburgh	4.96m 6
4 Kristina Koes	JR	St. Lawrence	4.89m 5
5 Laken Mooney	JR	St. Lawrence	4.76m 4
6 Madison Wagner	FR	Potsdam	4.70m 3
7 Kaylee Bertini	FR	St. Lawrence	4.65m 2
8 Mackenzie Marcus	SO	St. Lawrence	4.63m 1
9 Caroline Hines	FR	St. Lawrence	4.29m 4.5
10 Mikayla Khadijah	FR	Plattsburgh	4.18m 3.1
11 Yasmin Wilson	SO	Mohawk Valley C	3.67m 1.3
12 Halla Chappell	FR	St. Lawrence	3.51m 1.6

Women Triple Jump Follows MLJ

M-P Facility: 12.87m F 5/21/2015 Bria Halama

Name	Yr	School	Finals
Finals			
1 Caroline Hines	FR	St. Lawrence	9.40m 10
2 Laken Mooney	JR	St. Lawrence	9.31m 8
3 Mackenzie Marcus	SO	St. Lawrence	9.23m 6
4 Angela Tewksbury		Clarkson	9.07m 5

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Women Shot Put Follows WDT

M-P Facility: 15.18m F 5/24/2003 Healy Thompson

Name	Yr	School	Finals
Finals			
1 Kaitlyn Bjelko	SR	Plattsburgh	11.90m 10
2 Brooke Martindale	FR	St. Lawrence	9.73m 8
3 Emily Boswell	SO	St. Lawrence	9.71m 6
4 Jasmine Piper	JR	Plattsburgh	9.35m 5
5 Lacey Eckert	FR	St. Lawrence	9.33m 4
6 Caelan McHarney	FR	St. Lawrence	9.18m 3
7 Rosemary Fleischmann	FR	St. Lawrence	7.86m 2
8 Isabella Smith	SO	Herkimer Ccc	7.58m 1
9 Rylee Semco	FR	Potsdam	6.96m
10 Alexis Hartmann	SO	Potsdam	6.15m
11 Cheryl Bielby	FR	Mohawk Valley C	5.10m

Women Discus Throw Follows WHT

M-P Facility: 53.00m F 5/21/2015 Brandy Smith

Name	Yr	School	Finals
Finals			
1 Jasmine Piper	JR	Plattsburgh	35.54m 10
2 Lacey Eckert	FR	St. Lawrence	33.14m 8
3 Emily Boswell	SO	St. Lawrence	31.07m 6
4 Isabella Smith	SO	Herkimer Ccc	25.59m 5
5 Rosemary Fleischmann	FR	St. Lawrence	21.45m 4
6 Alaina Conners	SO	Plattsburgh	19.08m 3
7 Brooke Martindale	FR	St. Lawrence	17.71m 2
8 Rylee Semco	FR	Potsdam	17.56m 1
9 Alexis Hartmann	SO	Potsdam	12.87m

Women Hammer Throw Lower Cage

M-P Facility: 58.71m F 5/22/2015 Melanie Brickner

Name	Yr	School	Finals
Finals			
1 Jasmine Piper	JR	Plattsburgh	36.88m 10
2 Kaitlyn Bjelko	SR	Plattsburgh	34.62m 8
3 Lacey Eckert	FR	St. Lawrence	30.63m 6
4 Alaina Conners	SO	Plattsburgh	27.70m 5
5 Emily Boswell	SO	St. Lawrence	27.43m 4
6 Rosemary Fleischmann	FR	St. Lawrence	26.37m 3

Women Javelin Throw Follows HJ

M-P Facility: 55.34m F 5/23/2003 Christina Scherwin

Name	Yr	School	Finals
Finals			
1 Brooke Martindale	FR	St. Lawrence	33.05m 10
2 Kaitlyn Bjelko	SR	Plattsburgh	27.38m 8
3 Jasmine Piper	JR	Plattsburgh	26.76m 6
4 Elizabeth Kocienda	JR	Plattsburgh	23.42m 5
5 Mikayla Osmer	JR	Plattsburgh	22.17m 4
6 Cheryl Bielby	FR	Mohawk Valley C	16.44m 3
7 Isabella Smith	SO	Herkimer Ccc	15.82m 2

Men 100 Meter Dash

M-P Facility: 10.51 F 5/1/2015 Winston Lee

Name	Yr	School	Prelims
Preliminaries			
1 Brexton Montville	JR	Plattsburgh	10.81Q4.0
2 William Hauf	SO	St. Lawrence	11.11Q4.7
3 Jordan Williams	FR	Plattsburgh	11.15q 4.7
4 Matthew Frisa	0	SU RC	11.43q 4.0
5 Cameron Dillard	SO	St. Lawrence	11.52q 4.0
6 Hayden Day	SO	Mohawk Valley C	11.65q 4.7
7 Mussa Kone	FR	Plattsburgh	11.87q 4.7
8 Alexander Hamza	0	SU RC	11.91q 4.7
9 Cody Monnat	JR	Plattsburgh	11.94q 4.0
10 Charles Gartner	SO	St. Lawrence	12.04 4.0
11 Sean Ramirez	SO	Plattsburgh	12.11 4.0
12 Marcus Paderon	0	Clarkson	12.20 4.0
13 Hassan Madkour	FR	St. Lawrence	12.80 4.0
14 Luke Favata	SR	Potsdam	13.04 4.7
15 Ryan Gozy	FR	Mohawk Valley C	13.05 4.7
16 Nokio Kennedy	FR	Herkimer Ccc	13.18 4.7

Men 100 Meter Dash

M-P Facility: 10.51 F 5/1/2015 Winston Lee

Name	Yr	School	Finals
Finals			
1 Brexton Montville	JR	Plattsburgh	10.70 10
2 Jordan Williams	FR	Plattsburgh	11.06 8
3 William Hauf	SO	St. Lawrence	11.17 6
4 Matthew Frisa	0	SU RC	11.43 3.7
5 Cameron Dillard	SO	St. Lawrence	11.61 5
6 Hayden Day	SO	Mohawk Valley C	11.68 4
7 Cody Monnat	JR	Plattsburgh	11.89 3
8 Alexander Hamza	0	SU RC	12.05 3.7
9 Mussa Kone	FR	Plattsburgh	12.10 2

Men 200 Meter Dash

M-P Facility: 21.07 F 5/24/2003 Andrew Rock

Name	Yr	School	Finals
Finals			
1 Charles Cypress	FR	Plattsburgh	22.23 10
2 William Hauf	SO	St. Lawrence	22.89 8
3 Matthew Frisa	0	SU RC	23.37 3.5
4 Cody Monnat	JR	Plattsburgh	23.64 6
5 Shifan Shaffe	SO	St. Lawrence	23.80 5
6 Nicholas Gelsomino	FR	Plattsburgh	24.62 4
7 Charles Gartner	SO	St. Lawrence	24.95 3
8 Carter Halpin	FR	SU RC	25.14 3.5
9 Marcus Paderon	0	Clarkson	25.19 2
10 Sean Ramirez	SO	Plattsburgh	25.24 1
11 Conor Miller-Lynch		Clarkson	25.93 6.6
12 Nokio Kennedy	FR	Herkimer Ccc	27.77 3.5

Saints Ice Broken Open - 4/1/2023
St. Lawrence University
Merrick-Pinkard Track and Field Complex
Results

Men 400 Meter Dash

M-P Facility: 45.29 F 5/24/2003 Andrew Rock

Name	Yr	School	Finals
Finals			
---	Sebastian Melendez	0 SU RC	53.43
1	Nicholas Gelsomino	FR Plattsburgh	55.01 10
2	Connor St. Peter	FR St. Lawrence	56.75 8
3	Conor Miller-Lynch	Clarkson	59.32 6

Men 800 Meter Run

M-P Facility: 1:49.51 F 4/24/2003 Nick Symmonds

Name	Yr	School	Finals
Finals			
1	Timothy Boyce	SO St. Lawrence	2:02.29 10
2	Sam Renaud	SO Potsdam	2:02.97 8
3	Ben Faasse	0 SU RC	2:04.59
4	Michael Skutt	SO St. Lawrence	2:04.93 6
5	Nicholas Lyndaker	FR St. Lawrence	2:07.25 5
6	Omar Mohamed	FR Mohawk Valley C	2:08.60 4
7	George Gowdy	SO St. Lawrence	2:09.17 3
8	Connor Wiekierak	SO St. Lawrence	2:10.23 2
9	Nolan Anson	0 SU RC	2:11.66
10	Avion Harris	SO Herkimer Ccc	2:12.34 1
11	Christopher O'Donnell	SO St. Lawrence	2:14.04
12	Ryan Keenan	FR Mohawk Valley C	2:14.30
13	Allen Booth	FR Herkimer Ccc	2:14.80
14	Faris Webber	FR Plattsburgh	2:16.16
15	Riley Sawyer	0 Clarkson	2:16.84
16	Charles Beams	SO St. Lawrence	2:18.95
17	Matthew Taylor	SO St. Lawrence	2:21.15
18	Asher Kriegel	0 SU RC	2:24.40
19	Clark Morrison	0 Clarkson	2:24.96
20	Abdulhamid Williams	FR Herkimer Ccc	2:26.19
21	Luc Thimot	SO Potsdam	2:27.65
22	Collin Chidester	0 Clarkson	2:33.54

Men 1500 Meter Run

M-P Facility: 3:46.66 F 5/24/2003 Nick Symmonds

Name	Yr	School	Finals
Finals			
---	Ben Faasse	0 SU RC	4:21.52
---	Asher Kriegel	0 SU RC	4:57.53
1	Michael Skutt	SO St. Lawrence	4:11.70 10
2	Timothy Boyce	SO St. Lawrence	4:11.74 8
3	George Gowdy	SO St. Lawrence	4:15.49 6
4	Nicholas Lyndaker	FR St. Lawrence	4:18.91 5
5	Omar Mohamed	FR Mohawk Valley C	4:23.30 4
6	Matthew Abell	SO St. Lawrence	4:26.09 3
7	Tye Royal	SO St. Lawrence	4:27.56 2
8	Matthew Taylor	SO St. Lawrence	4:30.42 1
9	Charles Beams	SO St. Lawrence	4:31.58
10	Leif Harvey	SO St. Lawrence	4:32.46
11	Ryan Keenan	FR Mohawk Valley C	4:32.95
12	Jack Occhipinti	FR St. Lawrence	4:35.09

13	Allen Booth	FR Herkimer Ccc	4:41.36
14	Logan Ploss	SO Potsdam	4:42.48
15	Evan Howe	SO Potsdam	4:43.05
16	Evan Baird	0 Clarkson	4:56.15
17	Kain Robinson	SO Potsdam	5:04.74
18	Lukas McIntosh	FR Plattsburgh	5:08.11
19	Jesse Euson	FR Mohawk Valley C	5:42.46

Men 5000 Meter Run

M-P Facility: 14:10.29 F 5/23/2015 Josh Thorson

Name	Yr	School	Finals
Finals			
1	Noah Bonesteel	SO Plattsburgh	15:39.02 10
2	Michael Brockway	JR Plattsburgh	15:43.79 8
3	Erik Kucera	FR Plattsburgh	15:44.94 6
4	Logan Van Buren	SO Plattsburgh	15:45.76 5
5	Matthew Coleman	SO St. Lawrence	16:14.33 4
6	August Kotula	SO St. Lawrence	16:19.86 3
7	Owen Patry	FR St. Lawrence	16:26.87 2
8	Matthew Serrano	FR St. Lawrence	17:05.94 1
9	Peter Basile	SO Plattsburgh	17:08.92
10	Richard O'Keefe	SO St. Lawrence	17:20.29
11	Avion Harris	SO Herkimer Ccc	17:44.94
12	Benjamin Roach	SO St. Lawrence	17:57.25
13	Sean Grady	JR Plattsburgh	18:10.16
14	Ryan Jenkins	FR Herkimer Ccc	20:12.89

Men 110 Meter Hurdles

M-P Facility: 14.17 F 5/22/2015 Terrence Gibson

Name	Yr	School	Finals
Finals			
1	Erik Geier	SO St. Lawrence	15.05 10
2	Carter Halpin	FR SU RC	16.05 4.3
3	Samuel Hunt	FR St. Lawrence	16.52 8
4	Brian Reile	FR Herkimer Ccc	16.99 6
5	Connor St. Peter	FR St. Lawrence	20.21 5

Men 400 Meter Hurdles

M-P Facility: 50.57 F 5/23/2015 Luke Campbell

Name	Yr	School	Finals
Finals			
1	Sebastian Melendez	0 SU RC	1:02.53
2	Shifan Shaffe	SO St. Lawrence	1:04.62 10
3	Matthew Abell	SO St. Lawrence	1:07.58 8
4	Harper Barrett	SO Potsdam	1:11.87 6

Men 3000 Meter Steeplechase

M-P Facility: 8:46.58 F 5/23/2015 Dawson Miller

Name	Yr	School	Finals
Finals			
1	Colin Young	SO St. Lawrence	10:33.67 10
2	Patrick Russell	FR St. Lawrence	10:39.31 8
3	Eric Nowak	0 Clarkson	10:56.22 6
4	Patrick Murray	Clarkson	12:27.31 5
5	Collin Chidester	0 Clarkson	12:49.73 4

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St. Lawrence University
Merrick-Pinkard Track and Field Complex
Results

Finals ... (Men 3000 Meter Steeplechase)			
Name	Yr	School	Finals
6 Jesse Euson	FR	Mohawk Valley C	13:59.84 3

Men 4x100 Meter Relay			
M-P Facility: 40.28 F 5/23/2015 UW La Crosse			
R Denman, A Koenen, Z Rothering, J Koenecke			
Team	Relay	Finals	

Finals			
---	SU Running Club	A	45.97
	1) Matthew Frisa 0	2) David Rakotoarivony 0	
	3) Alexander Hamza 0	4) Carter Halpin FR	
1	Plattsburgh	A	43.73 10
	1) Charles Cypress FR	2) Julius James FR	
	3) Jordan Williams FR	4) Brexton Montville JR	
2	St. Lawrence	A	47.45 8
	1) Hassan Madkour FR	2) Brogan McGorray FR	
	3) Charles Gartner SO	4) Cameron Dillard SO	
3	Herkimer County CC	A	48.38 6
	1) Nokio Kennedy FR	2) Abdulhamid Williams FR	
	3) Joaquin Nietes FR	4) Brian Reile FR	

Men 4x400 Meter Relay			
M-P Facility: 3:10.68 F 5/23/2015 Mount Union			
T Mettille, T Sparks, T Neff, C Swisher			
Team	Relay	Finals	

Finals			
1	St. Lawrence	A	3:37.01 10
	1) Nicholas Lyndaker FR	2) Ethan Rowe SO	
	3) Christopher O'Donnell SO		
2	St. Lawrence	C	3:49.12
	1) Michael Skutt SO	2) Tye Royal SO	
	3) George Gowdy SO	4) Connor Wiekierak SO	
3	SU Running Club	A	3:50.12
	1) Matthew Frisa 0	2) Ben Faasse 0	
	3) Asher Kriegel 0	4) Sebastian Melendez 0	
4	Clarkson University	A	3:53.12 8
	1) Tyler Nickels 0	2) Collin Chidester 0	
	3) Clark Morrison 0	4) Andrew Wade 0	
5	St. Lawrence	D	3:58.20
	1) Charles Beams SO	2) Matthew Taylor SO	
	3) Colin Young SO	4) Timothy Boyce SO	
6	Potsdam	A	3:58.67 6
	1) Sam Renaud SO	2) Harper Barrett SO	
	3) Logan Ploss SO	4) Evan Howe SO	

Men High Jump follows WHJ			
M-P Facility: 2.16m F 5/22/2003 Dan Olson			
Name	Yr	School	Finals

Finals			
1	Brian Reile	FR	Herkimer Ccc 1.80m 10
2	Brogan McGorray	FR	St. Lawrence 1.70m 8
3	Thomas Gilbo	FR	Plattsburgh 1.65m 6
4	Cameron Giuliano	JR	Plattsburgh 1.60m 5
---	Samuel Hunt	FR	St. Lawrence NH

Men Pole Vault			
M-P Facility: 5.35m F 5/23/2003 Hans Schmidt			
Name	Yr	School	Finals

Finals			
1	Luke Favata	SR	Potsdam 2.45m 10

Men Long Jump Follows WLJ			
M-P Facility: 7.38m F 5/23/2003 Dion Ballentine			
Name	Yr	School	Finals

Finals			
1	Keenan Cannon	FR	Mohawk Valley C 6.84m 10
2	Aidan Masten	JR	Plattsburgh 6.40m 8
3	Jesse Lutz	SO	St. Lawrence 6.00m 6
4	Charles Gartner	SO	St. Lawrence 5.86m 5
5	Thomas Gilbo	FR	Plattsburgh 5.80m 4
6	Joaquin Nietes	FR	Herkimer Ccc 5.77m 3
7	Hayden Day	SO	Mohawk Valley C 5.76m 2
8	Marcus Paderon	0	Clarkson 5.63m 1
9	Abdulhamid Williams	FR	Herkimer Ccc 5.56m 1.9
10	Edem Bruce	SR	Potsdam 4.91m 6.4
11	Thomas McDonough	SO	Plattsburgh 4.87m 2.6
12	Cameron Dillard	SO	St. Lawrence 4.69m 2.2
---	Brian Reile	FR	Herkimer Ccc FOUL

Men Triple Jump Follows WTJ			
M-P Facility: 15.51m F 5/23/2015 Chris Perry			
Name	Yr	School	Finals

Finals			
1	Keenan Cannon	FR	Mohawk Valley C 13.09m 10
2	Sebastian Melendez	0	SU RC 12.64m 3.2
3	Jesse Lutz	SO	St. Lawrence 12.19m 8
4	Joaquin Nietes	FR	Herkimer Ccc 12.17m 6
5	Hayden Day	SO	Mohawk Valley C 11.83m 5
6	Brogan McGorray	FR	St. Lawrence 10.43m 4

Men Shot Put			
M-P Facility: 18.73m F 5/23/2015 Roger Steen			
Name	Yr	School	Finals

Finals			
1	Zachary Jaworski	SO	St. Lawrence 12.96m 10
2	Jady Sylvain	SR	Potsdam 12.78m 8
3	Aidan Tous	JR	Plattsburgh 12.57m 6
4	Tito Bowens	SO	St. Lawrence 11.52m 5
5	Joseph O'Rourke	SO	St. Lawrence 11.42m 4
6	Jorge Cabrera	JR	Plattsburgh 11.07m 3
7	Spencer Trudo	SO	Plattsburgh 10.10m 2
8	Luc Viens		Clarkson 9.99m 1
9	Connor St. Peter	FR	St. Lawrence 9.78m
10	Jack Simack	SO	St. Lawrence 9.42m
11	Cooper Ladouceur	FR	Potsdam 9.26m
12	Erik Schneider	FR	St. Lawrence 9.14m
13	Jimmy Riley	FR	Mohawk Valley C 8.69m
14	Thomas Konnick	FR	Plattsburgh 8.49m
15	Peter DiNinno	SO	St. Lawrence 8.27m

Saints Ice Broken Open - 4/1/2023
St. Lawrence University
Merrick-Pinkard Track and Field Complex
Results

Finals ... (Men Shot Put)

Name	Yr	School	Finals
16 Samuel Hunt	FR	St. Lawrence	7.87m
17 Dakata Saxe	FR	Mohawk Valley C	7.68m
18 Bo Johnzo	FR	Mohawk Valley C	7.32m
19 Emin Skiljan	FR	Mohawk Valley C	6.21m
20 Henry Mueller	FR	Potsdam	5.76m

Men Discus Throw Infield Cage

M-P Facility: 56.90m F 5/21/2015 Grant Harvard

Name	Yr	School	Finals
Finals			
1 Aidan Tous	JR	Plattsburgh	36.14m 10
2 Joseph O'Rourke	SO	St. Lawrence	34.59m 8
3 Jorge Cabrera	JR	Plattsburgh	34.04m 6
4 Connor St. Peter	FR	St. Lawrence	33.47m 5
5 Thomas Konnick	FR	Plattsburgh	31.02m 4
6 Zachary Jaworski	SO	St. Lawrence	29.85m 3
7 Tito Bowens	SO	St. Lawrence	29.74m 2
8 Jack Simack	SO	St. Lawrence	29.65m 1
9 Jimmy Riley	FR	Mohawk Valley C	29.36m
10 Luc Viens		Clarkson	25.94m
11 Jady Sylvain	SR	Potsdam	25.40m
12 Bo Johnzo	FR	Mohawk Valley C	24.84m
13 Henry Mueller	FR	Potsdam	24.23m
14 Zane Moussa	SO	Potsdam	24.07m
15 Erik Schneider	FR	St. Lawrence	20.51m
16 Peter DiNinno	SO	St. Lawrence	19.00m
17 Dakata Saxe	FR	Mohawk Valley C	17.77m
18 Emin Skiljan	FR	Mohawk Valley C	14.49m
--- Spencer Trudo	SO	Plattsburgh	FOUL

Men Hammer Throw Follows MSP

M-P Facility: 64.49m F 5/21/2015 Pat Weinert

Name	Yr	School	Finals
Finals			
1 Jorge Cabrera	JR	Plattsburgh	41.01m 10
2 Zachary Jaworski	SO	St. Lawrence	39.89m 8
3 Zane Moussa	SO	Potsdam	39.18m 6
4 Joseph O'Rourke	SO	St. Lawrence	37.75m 5
5 Aidan Tous	JR	Plattsburgh	34.62m 4
6 Tito Bowens	SO	St. Lawrence	32.30m 3
7 Spencer Trudo	SO	Plattsburgh	31.41m 2
8 Erik Schneider	FR	St. Lawrence	25.53m 1
9 Peter DiNinno	SO	St. Lawrence	18.86m
--- Thomas Konnick	FR	Plattsburgh	FOUL

Men Javelin Throw Follows WJT

M-P Facility: 67.50m F 5/23/2015 Travon Godette

Name	Yr	School	Finals
Finals			
1 Jack Simack	SO	St. Lawrence	47.70m 10
2 Erik Schneider	FR	St. Lawrence	45.14m 8
3 Jimmy Riley	FR	Mohawk Valley C	33.70m 6
4 Aidan Tous	JR	Plattsburgh	30.57m 5

5 Emin Skiljan	FR	Mohawk Valley C	29.58m	4
6 Peter DiNinno	SO	St. Lawrence	29.32m	3
7 Jady Sylvain	SR	Potsdam	27.72m	2
8 Dakata Saxe	FR	Mohawk Valley C	21.21m	1
--- Samuel Hunt	FR	St. Lawrence	FOUL	
--- Bo Johnzo	FR	Mohawk Valley C	FOUL	

Women - Team Rankings - 18 Events Scored

1) St. Lawrence	281
2) Plattsburgh	183
3) Herkimer County CC	54
4) Potsdam	53
5) Mohawk Valley CC	33
6) Clarkson University	5

Men - Team Rankings - 19 Events Scored

1) St. Lawrence	290
2) Plattsburgh	168
3) Mohawk Valley CC	53
4) Potsdam	46
5) Clarkson University	33
6) Herkimer County CC	32